

Year 7 Curriculum 2023-24

	DE 1 (APP x 3)	DE 2 (PWM x 3)	MN 1 (RMT x 2 DMR x 1)	MN 2 (LAH x 3)	ST 1 (RMT x 3)	ST 2 (PWW x 2 APP x 1)
1 (7 weeks)	Rugby	Badminton	Rugby	Football	Rugby	Badminton
2 (7 weeks)	Badminton	Football	Football	Badminton	Badminton	Football
3 (7 weeks)	HRE & XC	HRE & XC	HRE & XC	HRE & XC	HRE & XC	HRE & XC
4 (6 weeks)	Football	Rugby	Badminton (OR TT as GCSE 11D!)	Rugby/GFU	Football	Rugby/GFU
5 (5 weeks)	Athletics x 4	Athletics	Athletics	Athletics	Athletics	Athletics
6 (6.5 weeks)	Cricket x 4	Orienteering	Orienteering	Cricket	Cricket	Tennis (indoors)
	Orienteering	Cricket	Cricket	Orienteering	Orienteering	Cricket

Summer Rotations

Summer Term Rotations	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
D/E (T)	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m	400m & Relay change overs
D/E (B)	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m
M/N (T)	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple
M/N (B)	Shot & 200m (lanes 1-4)	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)
S/T (T)	1500m & Triple	1500m & Triple	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)
S/T (B)	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m	400m & Relay change overs	Long & Javelin

Where lessons are timetable against GCSE practicals, staff will need to teach games related lessons; then do skills in the those where they have the whole sports hall.

GFU – e.g. netball, ultimate Frisbee, dodgeball, nukeball, capture flag, end ball, football rounders, softball

Year 8 Curriculum 2023-24

	DE 1 (PWM x 3)	DE 2 (LAH x 3)	MN 1 (DMR x3)	MN 2 (APP x 3)	ST 1 (PWW x 3)	ST 2 (RMT x3)
1 (7 weeks)	Rugby	Basketball	Rugby	Football	Rugby	Basketball
2 (7 weeks)	Football	Rugby/GFU	Basketball	Rugby/GFU	Football	Rugby/GFU
3 (7 weeks)	HRE & XC	HRE & XC	HRE & XC	HRE & XC	HRE & XC	HRE & XC
4 (6 weeks)	Basketball	Football	Football	Basketball	Basketball	Football
5 (5 weeks)	Athletics x 4	Athletics	Athletics	Athletics	Athletics	Athletics
6 (6.5 weeks)	Cricket x 4	Tennis (indoors)	Tennis (outdoors)	Cricket	Cricket	Tennis (indoors)
	Tennis x 4 (outdoors)	Cricket	Cricket	Tennis (indoors)	Tennis (outdoors)	Cricket

Summer Rotations

Summer Term Rotations	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
D/E (T)	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m	400m & Relay change overs
D/E (B)	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m
M/N (T)	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple
M/N (B)	Shot & 200m (lanes 1-4)	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)
S/T (T)	1500m & Triple	1500m & Triple	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)
S/T (B)	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m	400m & Relay change overs	Long & Javelin

Year 9 Curriculum 2023-24

Always whole sports hall.

Staff can pick groups as they remain the same for both lessons for X & Y. Yr9 Football – DMR, Rugby – PWM. PWM does both X&Y so top groups?

	X1 – Top 1	X2 – Middle	X3 - Middle	X4- Bottom	Y1 - Top	Y2 - Middle	Y3 - Middle
	PWM	PWW	RMT	DMR	PWM	LAH	APP
1 (7 weeks)	Rugby	Bad/TT	Football	Bad/TT	Rugby	Badminton	Football
2 (7 weeks)	Football	Rugby	Bad/TT	Football	Football	Rugby/GFU	Badminton
3 (7 weeks)	HRE	HRE	HRE	HRE	HRE	HRE	HRE
4 (6 weeks)	Bad/TT	Football	Rugby	Rugby/GFU	Bad/TT	Football	Rugby
5 (5 weeks)	Athletics x 4weeks	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
6 (6.5 weeks)	Cricket x 4 weeks	Cricket	Tennis (outdoor/indoor)	Tennis (indoor/outdoor)	Cricket	Tennis (outdoor/indoor)	Tennis (indoor/outdoor)
	Tennis (outdoor/indoor) x 4weeks	Tennis (Indoor/outdoor)	Cricket	Cricket	Tennis (indoor/outdoor)	Cricket	Cricket

Summer Rotations

Summer Term Rotations	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
X1	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m	400m & Relay change overs
X2	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m
X3	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple
X4	Shot & 200m (lanes 1-4)	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)
Y1	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m	400m & Relay change overs
Y2	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple	Discus & 800m
Y3	Discus & 800m	400m & Relay change overs	Long & Javelin	Sprint starts & 100m (lanes 5-8)	Shot & 200m (lanes 1-4)	1500m & Triple

Year 10 Curriculum 2023-24

10X – No Clashes with other groups or Bouncy Castle, so whole hall.

- 10X x 4 groups (100 students)
 - AThur P3&4 & BThur P5&6
 - Split into 4 groups of 2 x Indoor & 2 x Outdoor – then potentially top and bottom indoor/outdoor

10Y – No Clashes with Bouncy Castle, just AMon P2 with 9A GCSE.

- 10Y x 3 Groups (75 students)
 - AMon P1&2 (with 9A for AMON P2) & BMon P1&2
 - Start with 2 indoor & 1 outdoor. Whichever has 2 groups, it will be set top & bottom.
 - On AMon1&2 they will have whole hall P1 - when 9A come down they will have ½ hall (so Dodgeball OR Tennis courts)
- Outdoor – Astro football leagues – Littledown Juniors (Either 6 or 9 teams in a league format)
- Indoor – They will be offered either ‘Games’ or ‘Rackets’ option and each group will do 2 activities per lesson.

INDOOR PROGRAMME		
	<u>Games Option</u>	<u>Racket Option</u>
Term 1	Basketball & Dodgeball	Table Tennis/Bad & Dodgeball
Term 2	5 a-side & Volleyball	Badminton/TT & 5 a-side
Term 3	Handball & Cricket	Tennis & Softball

First Lesson – make 3 groups based on Games/Racket preference. Then select 2 groups to stay in first term.

Year 11 Curriculum 2023-24

Year 11– Clashes with other groups and Bouncy Castle, so at best ½ the hall.

- 11X x 4 groups (100 students)
 - AWed P1&2 – No other lessons, just Bouncy Castle – therefore only half the hall.
 - BFri P1&2 – Timetabled against **9A GCSE** and Bouncy Castle
- THEY HAVE TO BE SPLIT INTO 2 OUTDOOR & 2 INDOOR GROUPS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1
X1	Outdoor	Indoor (1/2 hall)	Outdoor	Indoor (tennis courts)	All outdoors!
X2	Outdoor	Indoor (tennis courts)	Outdoor	Indoor (tennis courts) (9A need indoor space)	
X3	Indoor (1/2 hall)	Outdoor	Indoor (tennis courts)	Outdoor	
X4	Indoor (tennis courts)	Outdoor	Indoor (1/4 hall) (9A need ¼ hall)	Outdoor	

- Outdoor is always astro, unless there is a keen group for rugby.
- Indoor
 - Sports hall –
 - Tennis Courts – Handball

Year 11 – Clashes with other groups and Bouncy Castle, so at best ½ the hall.

- 11Y x 3 Groups (75 students)
 - AWed P3&4 - No other lessons, just Bouncy Castle – therefore only half the hall.
 - BTue P1&2 - Timetabled against **7M&7N**
- THEY HAVE TO BE SPLIT INTO 2 OUTDOOR & 2 INDOOR GROUPS

	Autumn 1 (7M&N - both out)	Autumn 2 (7M&N - 1 in & 1 out)	Spring 1 (7M&N both in)	Spring 2 (7M&N - 1 in & 1 out)	Summer 1
Y1	Outdoor	Indoor (1/2 hall)	Outdoor	Indoor (1/2 hall)	All outdoors!
Y2	Indoor Week 1- Tennis Courts Week 2 – 1/2 hall	Outdoor	Indoor (could use tennis courts?) Week 1- 1/4 hall Week 2 – 1/4 hall	Outdoor	
Y3	Indoor Week 1- 1/2 hall Week 2 – 1/2 hall	Outdoor	Indoor (could use tennis courts?) Week 1- 1/4 hall Week 2 – 1/4 hall	Outdoor	

- 11Y1 is least disrupted, so should they be the top group?
- Outdoor is always astro, unless there is a keen group for rugby.
- Indoor
 - Sports hall
 - Games Option – Basketball, Volleyball, 5 a-side, Dodgeball, Handball
 - Rackets/Nets Option – Table Tennis, Badminton, Volley, 5 a-side, Dodgeball
 - Tennis Courts – Handball

CLASHES – Bouncy Castle Days

Week 1 – Wednesday

	Period 1&2		Periods 3&4
Bouncy Castle	1/2 Hall	Bouncy Castle	1/2 Hall
11X1	Astro	11Y1	Astro
11X2	Astro	11Y2	Astro
11X3	1/2 Hall	11Y3	1/2 Hall
11X4	Tennis Courts (or share 1/2 Hall with X3)		

Week 1 – Friday

Period 1&2		Periods 3&4		Periods 5&6	
Bouncy Castle	1/2 Hall	Bouncy Castle	1/2 Hall	Bouncy Castle	1/2 Hall
8S/8T	Out & Inside (1/2 Hall) Works fine.	7S/7T	T1 & T2 Out & Inside (1/2 Hall) Works fine. T3 – HRE (1/4 Hall & Outside X-C) T4 – Both Out	9Y1	T1 - Rug T2 – Bad (1/2 Hall) T3 - HRE T4 - Football
		10C	T1 & T2 – Rugby T3 TT/Cricket (1/4 Hall) T4 – 1/2 Hall	9Y2	T1 - Football T2 - Rugby T3 - HRE T4 – Bad (1/2 Hall)
				9Y3	T1 – Bad (1/2 Hall) T2 - Football T3 - HRE T4 - Rug

CLASHES – Bouncy Castle Days; Week 2 – Wednesday

Period 1&2		Periods 3&4	
Bouncy Castle	1/2 Hall	Bouncy Castle	1/2 Hall
8D/8E	Out & Inside (1/2 Hall) Works fine.	9Y1	T1 - Rug T2 – Bad (1/2 Hall) T3 - HRE T4 - Football
		9Y2	T1 - Football T2 - Rugby T3 - HRE T4 – Bad (1/2 Hall)
		9Y3	T1 – Bad (1/2 Hall) T2 - Football T3 - HRE T4 - Rug

Week 2 – Friday

Period 1&2		Periods 3&4		Periods 5&6	
Bouncy Castle	1/2 Hall	Bouncy Castle	1/2 Hall	Bouncy Castle	1/2 Hall
GCSE 9A	T1 – Tennis (Bad/TT) T2 - Football T3 – Table Tennis (1/4 Hall) T4 - Badminton	7M (Top)	T1 – Rugby T2 – Football T3 – HRE (1/4 Hall) T4 – Badminton/TT (1 or 3 courts)	7D (Top)	T1 – Rug T2 – Bad (1/2 Hall) T3 – HRE (1/4 hall) T4 – Football
11X1	T1 – Outside (Astro) T2 – Inside (1/2 Hall) T3 – Outside (Astro) T4 – Inside (Tennis Courts)	7N	T1 – Football T2 – Badminton (1/2 Hall) T3 – HRE (1/4 Hall) T4 – Rugby	7E	T1 – Bad (1/2 Hall) T2 – Football T3 – HRE (Outside/X-C) T4 – Rugby
11X2	T1 – Outside (Astro) T2 – Inside (Tennis Courts) T3 – Outside (Astro) T4 – Inside (Tennis Courts – 9C!)	GCSE 11D	T1 – Sports Hall (1/2 Hall) T2 – Outside (Rug/Foot) T3 – Outside (Rug/Foot) T4 – Sports Hall (TT/Bad 1 or 3 courts)	GCSE 10B	T1 – Rugby T2 – Rugby T3 – Cricket (1/4 Hall) T4 – TT/B'Ball (1/2 Hall)
11X3	T1 – Inside (1/2 Hall) T2 – Outside (Astro) T3 – Inside (Tennis Courts) T4 – Outside (Astro)				
11X4	T1 – Inside (Tennis Courts) T2 – Outside (Astro) T3 – Inside (1/4 Hall) T4 – Outside (Astro)				

General Clashes

Week 2 – Tuesday Periods 1&2 (Not too bad!)

	Term 1	Term 2	Term 3	Term 4
7M	Rugby	F'Ball	HRE (1/4 hall)	Bad (1/2 hall)
7N	Football	Bad (1/2 hall)	HRE (1/4 hall)	Rugby
11Y1	Outside	Inside (1/2 hall)	Outside	Inside (1/2 hall)
11Y2	Inside (1/2 hall)	Outside	Inside (1/4 hall) TT/Fitness	Outside
11Y3	Inside (1/2 hall)	Outside	Inside (1/4 hall) Fitness/TT	Outside

Week 2 – Thursday Periods 1&2

	Term 1	Term 2	Term 3	Term 4
7S (Top)	Rugby	Bad (1/2 hall)	HRE (1/4 hall)	Bad (1/2 hall) Football
7T	Badminton (1/2 Hall)	F'Ball	HRE (1/4 hall)	Rugby
8M	Rugby	Basketball (1/2 hall)	HRE (1/4 hall)	Football
8N	Football	Rugby	Outside X-C (e.t.c.) (rotate with 7S,7T & 8M)	Basketball (1/2 hall)
GCSE 9C	Badminton (1/2 Hall)	F'Ball	Table Tennis (1/4 hall)	F'Ball (??) Rug (??)
				You want 7S&7T to both be out this term to free sports hall for Yr10C GCSE on AFri P3&4!

Week 2 – Friday Periods 1&2 (Bouncy Castle!)

	Term 1	Term 2	Term 3	Term 4
Bouncy Castle	(1/2 Hall)	(1/2 Hall)	(1/2 Hall)	(1/2 Hall)
11X1	Outside (astro)	Inside (1/2 Hall)	Outside (astro)	Inside (Tennis Courts)
11X2	Outside (astro)	Inside (Tennis Courts)	Outside (astro)	Inside (Tennis Courts)
11X3	Inside (1/2 Hall)	Outside (astro)	Inside (Tennis Courts)	Outside (astro)
11X4	Inside (Tennis Courts) OR X3 & X4 1/4 Hall each)	Outside (astro)	Inside (1/4 Hall)	Outside (astro)
GCSE 9A	Tennis	Football (on grass?)	Table Tennis (1/4 Hall)	Badminton (1/2 Hall) Or Rugby and do Badders in the summer term when all Yr11 are outside and then on study leave??

Will need some creative thinking where any group is on the Tennis Courts!!